

TECHNICAL SHEET

Tiligre cowpea variety

Presentation of cowpea

Cowpea has the scientific name *Vigna unguiculata* and is a member of the Fabaceae family and the genus *Vigna*. Cowpea (*Vigna unguiculata* L. Walp.) is a seed legume, an important household food staple in sub-Saharan Africa, particularly in the arid savanna regions of West Africa (Omoigui et al, 2017). (Omoigui et al, 2017). It plays an important role in human nutrition, food security and income generation for farmers and food vendors in the region. The seed is rich in protein ($\geq 25\%$), carbohydrates, vitamins as well as minerals, and complements the diet mainly consisting of cereals in countries where cowpea is a major food crop (Omoigui et al, 2017). Cowpea is a high-energy food whose consumption constitutes an important source of: i) nutrients: proteins, carbohydrates, lipids and fiber; ii) vitamins: B1, B2, B6, B9, C; iii) minerals: manganese, potassium, copper, sodium, calcium, iron, phosphorus, magnesium, zinc; iiiii) and pigments: niacin, pantothenic acid (Agossou et al, 2018). In addition to the seed, the green juvenile leaves and immature pods are consumed as a vegetable by the people; the tops (biomass) of the plants provide important nutritious fodder for ruminants, especially during the dry season (Omoigui et al, 2017). The dual use of cowpea is explained by the fact that it can produce an appreciable amount of seeds and haulms.

For good cowpea production, it requires: i) light, well-drained soils, moderately rich in organic matter, slightly acidic (pH: 6-7); ii) rainfall: 500 to 1200 mm of water per year well distributed over the vegetative cycle; iii) temperature: 28 to 30°C during the cropping season allows the species to express its performance (Agossou et al, 2018).

Cowpea seed

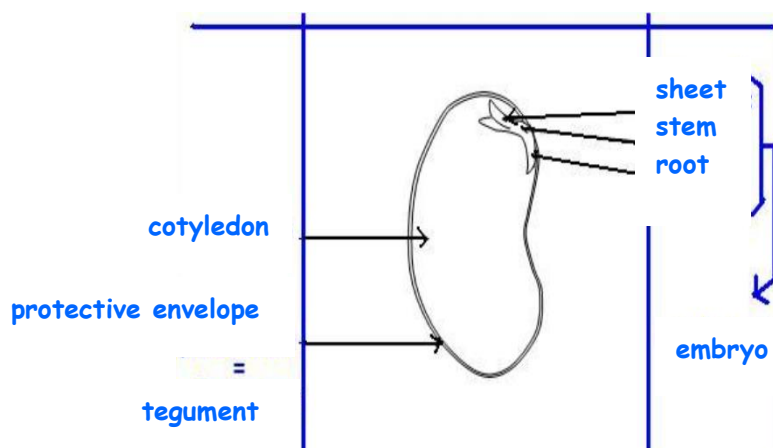


Figure 1: structure of a cowpea grain (source : <https://www.vivelessvt.com/college/la-colonisation-dun-milieu-par-les-vegetaux/> ; SVT 6^{ème} lesson, 2021)

Cowpea seed opened

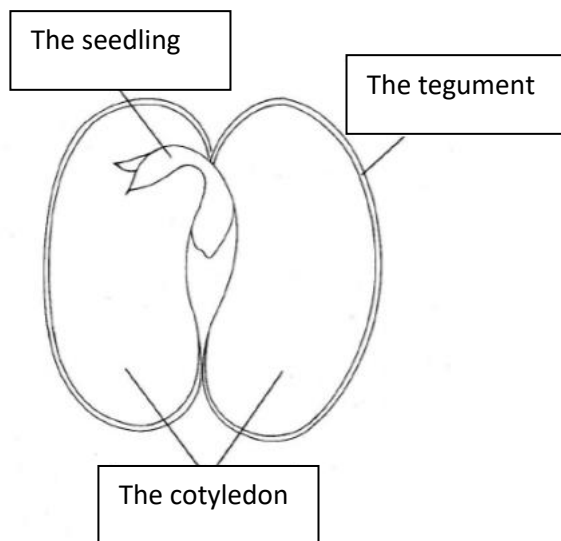


Figure 2: structure of cowpea seed opened (source : http://www.ac-grenoble.fr/ecoles/fv/IMG/pdf/la_germination_graine.pdf ; The_germination_seed, 2021)

Characteristic of the technology

- Adapted to culture in rainy season
- Good resistance to sunburn
- Good resistance to fruits burst
- Cycle : 70 days
- Yield : 2 T/ha potential and 850 kg/ha in peasant middle

Bibliographic references

OMOIGUI (2017) : Guide sur la production du niébé en Afrique de l'Ouest ; Tropical légumes III ; IITA ; CGIAR ; 61p.

AGOSSOU (2018) : Fiche technique synthétique pour la production du niébé ; fiche technique ; 7p.

Web sites consulted

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http://www.ac-grenoble.fr/ecoles/fv/IMG/pdf/la_germination_graine.pdf ; 29/07/2021 at
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Other references

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